

Publikationer från En Frisk Skolstart I och II samt En Frisk Skolstart Plus

Vetenskapliga publikationer

1. Bohman B, Nyberg G, Sundblom E, Elinder LS. Validity and Reliability of a Parental Self-Efficacy Instrument in the Healthy School Start Prevention Trial of Childhood Obesity. *Health Educ Behav.* 2013 Dec 25;41(4):392-396. PMID:24369178
2. Nyberg G, Sundblom E, Norman A, Bohman B, Hagberg J, Elinder LS. Effectiveness of a universal parental support programme to promote healthy dietary habits and physical activity and to prevent overweight and obesity in 6-year-old children: the healthy school start study, a cluster-randomised controlled trial. *PLoS One.* 2015;10(2):e0116876. PMID:25680096
3. Norman A, Berlin A, Sundblom E, Elinder LS, Nyberg G. Stuck in a vicious circle of stress. Parental concerns and barriers to changing children's dietary and physical activity habits. *Appetite.* 2015 Apr;87:137-42. PMID:25542774
4. Bergström H, Haggård U, Norman Å, Sundblom E, Elinder LS, Nyberg G. Aspects influencing the implementation of a parental support programme to promote healthy behaviours in a school setting according to teachers and parents. *BMC Public Health.* 2015 Jun 9;15:541. doi: 10.1186/s12889-015-1896-x. PMID: 26051650
5. Nyberg G, Norman A, Sundblom E, Zeebari Z, Elinder LS. Effectiveness of a universal parental support programme to promote health behaviours and prevent overweight and obesity in 6-year-old children in disadvantaged areas, the Healthy School Start Study II, a cluster-randomised controlled trial. *Int J Behav Nutr Phys Act.* 2016;13(1):4.
6. Safsten E, Nyberg G, Elinder LS, Norman A, Patterson E. The intake of selected foods by six-year-old Swedish children differs according to parental education and migration status. *Acta paediatrica.* 2016;105(4):421-6. PMID: 26663249
7. Norman Å, Berlin A, Nyberg G, Elinder LS. One size does not fit all – qualitative process evaluation of a parental support programme to prevent overweight and obesity among children in disadvantaged areas in Sweden. *BMC Public Health.* 2016;16(1):37. PMID: 26769240
8. Beckvid Henriksson G, Franzén S, Elinder LS, Nyberg G. Parental socioeconomic status in association to physical activity, sedentary behaviour and body mass index in 6-year-old children. *Acta Paediatrica* 2016, 105 (10): 1204-10.
9. Norman Å, Bohman B, Nyberg G, Elinder LS. Psychometric properties of a scale to assess parental self-efficacy for influencing children's dietary, physical activity, sedentary, and screen time behaviours in disadvantaged areas. *Health Education and Behaviour* 2018;45:132-140. PMID: 28385099
10. Norman Å, Elinder LS, Nyberg G, Berlin A. Parental strategies for influencing the diet of their children – a qualitative study from disadvantaged areas. *Appetite*, 2018; 125:502-511. doi: 10.1016/j.appet.2018.03.002. PMID: 29524473
11. Elinder LS, Patterson E, Nyberg G, Norman Å. A Healthy School Start Plus for prevention of childhood overweight and obesity in disadvantaged areas through parental support in the school setting - study protocol for a parallel group cluster randomised trial. *BMC Public Health*, 2018; 18:459. doi: 10.1186/s12889-018-5354-4.. PMID: 29625599.
12. Norman A, Zeebari Z, Nyberg G, Elinder LS. Parental support in promoting children's health behaviours and preventing overweight and obesity – a long-term follow-up of the cluster-randomised Healthy School Start Study II trial. *BMC Pediatrics.* 2019. In press.

Rapporter

1. Sundblom E, Nyberg G, Norman Å, Schäfer Elinder L. En frisk skolstart. Föräldrastöd för bra mat- och rörelsevanor. Centrum för epidemiologi och samhällsmedicin, Stockholms läns landsting, R2014:8.